Virulence of *Aeromonas hydrophila* to channel catfish *Ictalurus punctatus* fingerlings in the presence and absence of bacterial extracellular products

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ABSTRACT: We investigated the virulence of three 2009 west Alabama isolates of *Aeromonas hydrophila* (AL09-71, AL09-72 and AL09-73) to channel catfish *Ictalurus punctatus* fingerlings (4.6 ± 1.3 g) in the presence and absence of extracellular products (ECPs) from overnight bacterial culture using both bath immersion and intraperitoneal injection routes. At a concentration of 1.65 × 10⁸ colony-forming units (CFU) ml⁻¹, AL09-73 without its ECPs killed 100% of the catfish fingerlings within 2 h by bath immersion. However, at a similar concentration, AL09-73 in the presence of its ECPs killed only 23 ± 6% catfish fingerlings. The absence of ECPs in the bath immersion experiment also significantly (p < 0.05) increased the virulence of AL09-71, AL09-72, and AL98-C18, a 1998 Alabama strain of *A. hydrophila*, suggesting that the virulence of the 4 *A. hydrophila* isolates was mainly due to bacterial cells, not to their overnight ECPs. Filter-sterilized ECPs failed to kill any catfish by bath immersion or injection. The virulence order of the 4 *A. hydrophila* isolates, by both bath immersion and intraperitoneal injection, was: AL09-73 ≥ AL09-71 > AL09-72 ≥ AL98-C18. At 2 h post bath immersion, all 4 isolates of *A. hydrophila* were found in all tissues studied (skin, intestine, liver, spleen, kidney, gill, and brain), with the highest bacteria count being in the gill and kidney.

KEY WORDS: *Aeromonas hydrophila* · Extracellular products · Virulence · Bath immersion · Injection

INTRODUCTION

*Aeromonas hydrophila*, a Gram-negative motile bacterium widely distributed in aquatic environments, is a causative agent of motile aeromonad septicemia (MAS) (Harikrishnan et al. 2003), also known as epizootic ulcerative syndrome (EUS) (Mastan & Qureshi 2001). The clinical signs of *A. hydrophila* infections include swelling of tissues, dropsy, red sores, necrosis, ulceration, and hemorrhagic septicemia (Karunasagar et al. 1989, Azad et al. 2001). Fish species affected by MAS include tilapia *Oreochromis niloticus* (Abd-El-Rhman 2009, Tellez-Bañuelos et al. 2010), catfish *Ictalurus punctatus* (Majumdar et al. 2007, Ulal et al. 2008), goldfish (Frianto et al. 2003, Harikrishnan et al. 2009), common carp (Yin et al. 2009, Jeney et al. 2009), and eel (Esteve et al. 1994). *A. hydrophila* produces a variety of biologically active extracellular products (ECPs), including aerolysin toxin — which causes holes in cytoplasmic membranes (Howard & Buckley 1985) — and proteases (Rivero et al. 1990). The crude extracellular products of *A. hydrophila* have been found to possess both hemolytic and proteolytic activity that is lethal to tilapia (Khalil & Mansour 1997).

Although usually considered as a secondary pathogen associated with disease outbreaks, *Aeromonas hydrophila* can also become a primary pathogen in some environments, causing outbreaks in fish farms, with high mortality rates and severe economic losses to the aquaculture industry worldwide (Thorpe & Roberts 1972, Nielsen et al. 2001, Fang et al. 2004). Between June and October 2009, an outbreak of disease occurred in 48 channel catfish farms in west Alabama, USA, causing an estimated loss of >3 mil-
lion pounds (ca. 1400,000 kg) of food-sized catfish (Hemstreet 2010). The disease produced a variety of symptoms that included sores on the skin, bulging eyes, ulcers, and bright red muscles and internal organs. Diseased catfish were collected by a fish health specialist at the Alabama Fish Farming Center, and bacteria were cultured, isolated, and later identified as A. hydrophila (Hemstreet 2010). Although it was clear that the three 2009 isolates of A. hydrophila obtained from the outbreak of disease affect food-sized channel catfish, it was not clear whether these 3 isolates would affect channel catfish fingerlings. Furthermore, it was not clear whether the ECPs produced by the three 2009 isolates were lethal to channel catfish fingerlings. Therefore, this study aimed to (1) study the virulence of the three 2009 isolates of A. hydrophila to channel catfish fingerlings, compared to the virulence of a 1998 Alabama isolate of A. hydrophila; (2) determine the toxicity of ECPs to channel catfish fingerlings; and (3) investigate the virulence of the three 2009 isolates for channel catfish fingerlings in the presence and absence of ECPs.

MATERIALS AND METHODS

Isolation and identification of bacteria. The three 2009 isolates of Aeromonas hydrophila (AL09-71, AL09-72, AL 09-73) were obtained from diseased food-sized channel catfish from west Alabama in August 2009. The AL98-C1B isolate of A. hydrophila was isolated from diseased channel catfish in July 1998 and stored in tryptic soy broth containing 5% glycerol at −80°C. All 4 isolates were cultured on tryptic soy agar (TSA) plates according to published procedures (Panangala et al. 2007) and re-isolated from channel catfish after 3 passages. The isolates were previously confirmed as A. hydrophila (Pridgeon & Klesius 2011).

Preparation of bacterial cells and ECPs. All 4 Aeromonas hydrophila isolates were grown in tryptic soy broth (TSB) (Difco) at 28°C for 18 to 24 h. The concentration (colony-forming units, CFU, ml⁻¹) of A. hydrophila used in this study was determined through serial dilutions, as described previously (Pridgeon & Klesius 2011). For each of the 4 isolates, the procedure was as follows. To prepare A. hydrophila cells without their ECPs, 100 ml of broth culture, with an optical density (OD) of 1.0 at 540 nm, was centrifuged at 6000 × g for 20 min. After removing the supernatant fluid containing ECPs, the bacterial cells were resuspended in 100 ml of fresh TSB and used for immersion or injection experiments. The supernatant fluid of the broth culture was then sterilized with a filter of pore size 0.22 μm (Corning Disposable Vacuum Filtration Systems, Cole-Parmer). The sterilized supernatant was used as a source of ECPs in bath immersion and injection experiments in order to study their toxicity. The protein concentration of the ECPs from each isolate was then determined using BCA Protein assay (Pierce). Equal amounts of ECPs from each isolate were used in the toxicity studies.

Virulence of Aeromonas hydrophila cells from 4 isolates (with and without their ECPs) to channel catfish. The fish fingerlings (4.6 ± 1.3 g) used in this study were obtained from catfish stocks (industry pool, initially obtained from Catfish Genetics Research Unit, Stoneville, MS) and maintained at the USDA-ARS-Aquatic Animal Health Research Unit at Auburn, Alabama. All fish were acclimated for 7 d prior to challenge. Acclimated fish were maintained in 57 l glass aquaria under conditions described previously (Pridgeon & Klesius 2011). All immersion experiments were performed in 2 l beakers with aeration. Briefly, 100 ml of overnight bacterial cells (OD 1.0 at 540 nm), with or without overnight culture ECPs, were added to water to give a final volume of 1 l. Ten channel catfish fingerlings were immersed in each beaker for 2 h. After the 2 h immersion, the catfish fingerlings were released to 57 l glass aquaria. Mortalities were recorded daily for 7 d post exposure. If no mortality was observed, higher amounts (150, 200, 300 ml) of overnight bacterial cells (OD 1.0 at 540 nm) were used in the immersion experiments. For all the injection experiments, serially diluted cells of A. hydrophila were loaded into a 1 ml syringe (Becton Dickinson) as described previously (Pridgeon & Klesius 2011). A volume of 100 μl was injected into each catfish fingerling. Mortalities were recorded daily for 7 d post exposure. The presence or absence of A. hydrophila in dead fish was determined by cultivating anterior kidney samples on blood agar plates followed by API-20E (BioMérieux) biochemical analysis. Mean cumulative mortality data were analyzed by analysis of variance (ANOVA) using SigmaStat statistical analysis software (Systat Software).

Toxicity of ECPs to channel catfish fingerlings. To determine the toxicity of ECPs to channel catfish fingerlings by bath immersion, 100 ml or 300 ml of filter-sterilized ECPs (2.4 mg ml⁻¹), with or without 3 h incubation at room temperature, were added to 900 or 700 ml of water, respectively. A total of 10 catfish fingerlings were immersed in the solution of ECPs (total volume 1l) for 2 h. To determine the toxicity of ECPs to channel catfish fingerlings by intraperitoneal injection, 100 μl of filter-sterilized ECPs (2.4 mg ml⁻¹), with or without 3 h incubation at room temperature, was injected into each fish. Ten fish were used for each Aeromonas hydrophila isolate. To understand
whether higher amounts of ECPs would kill any fish, ECPs were concentrated using a vacuum-concentrator (Eppendorf), and 5 times the non-concentrated ECP (1.2 mg total) of filter-sterilized ECP was injected into each fish. Immersion and injection experiments for each isolate were replicated 3 times. Mortalities were recorded daily for 7 d post ECP immersion or injection.

**Time-course studies for the AL09-73 isolate of Aeromonas hydrophila.** Of the 4 isolates, only AL09-73—in the absence of ECPs—was able to kill 100% of the fish at a concentration of $1.7 \times 10^8$ CFU ml$^{-1}$; therefore, AL09-73 was subjected to a time-course study to determine the minimum time required to kill catfish fingerlings at this concentration. Briefly, AL09-73 was grown in TSB at 28°C for 18 h. One hundred ml of broth culture (OD 1.0 at 540 nm) was centrifuged at 6000 × g for 20 min. After removing the supernatant, the bacterial cells were resuspended in 100 ml of fresh TSB, which was added to 900 ml of water; 10 catfish fingerlings were then immersed in this bacterial suspension. At 0, 15, 30, 45, 60, 75, 90, 105 and 120 min post immersion, mortality was recorded, and the presence or absence of *A. hydrophila* in dead fish was determined by culturing anterior kidney samples on blood agar plates followed by API-20E (Biomerieux) biochemical analysis.

**Bacterial dissemination in different tissues of channel catfish within 2 h of immersion.** To determine the level of bacterial dissemination in different tissues of channel catfish within 2 h of immersion—for AL09-73—or at 2 h after immersion for the other 3 isolates, 10 catfish fingerlings were subjected to bath immersion at lethal concentrations of *Aeromonas hydrophila*. The final concentrations of AL09-71, AL09-72, AL09-73 and AL98-C1B used in this experiment were $2.1 \times 10^8$, $5.3 \times 10^8$, $1.7 \times 10^8$, and $1.1 \times 10^6$ CFU ml$^{-1}$, respectively, in the absence of ECPs. Fish were washed with 1 l of sterilized water 5 times, with gills open, to eliminate most of the loosely associated residual bacteria. Seven different tissues (skin, intestine, spleen, liver, kidney, gill, and brain) were collected from 3 different fish for each isolate of *A. hydrophila*. The collected tissues were weighed, ground, and serially diluted in TSB. Serially diluted *A. hydrophila* suspension (100 ml) was plated onto TSA plates. After 24 h incubation at 28°C, the number of CFU mg$^{-1}$ was calculated for each isolate of *A. hydrophila* in each fish tissue, and the average number was calculated from 3 fish tissues.

## RESULTS

**Bacterial identification, and the virulence to catfish of the 4 isolates as determined by bath immersion**

All 4 isolates were identified as *Aeromonas hydrophila* by both biochemical and molecular identification methods (Pridgeon & Klesius 2011). The results of the bath immersion experiments on the virulence of *A. hydrophila* for catfish fingerlings, in the presence and absence of ECPs, are shown in Table 1. The kidneys of all the dead fish were culture-positive for *A. hydrophila*. As shown in Table 1, the absence of ECPs significantly ($p < 0.05$) increased the virulence of all 4 isolates in the bath immersion experiments. When similar concentrations of bacteria ($1.7$ to $1.9 \times 10^8$ CFU ml$^{-1}$) were used in bath immersion experiments in the presence of ECPs, the three 2009 isolates were more virulent than AL98-C1B. When ECPs were absent in the bath immersion experiments, AL09-73 was the most virulent isolate, followed by AL09-71.

**Virulence of the 4 isolates (with and without ECPs) to catfish as determined by intraperitoneal injection**

Results of the intraperitoneal injection experiments on the virulence of *Aeromonas hydrophila* for catfish fingerlings, in the presence and absence of ECPs, are shown in Table 2. The kidneys of all the dead fish were culture-positive for *A. hydrophila*. Based on LD$50$ values, AL09-71, in the absence of ECPs, was less toxic compared to AL09-71 in the presence of ECPs. However, their 95% confidence intervals overlapped with each other, indicating that the virulence of AL09-71 in the presence of ECPs was not significantly higher than

<table>
<thead>
<tr>
<th>A. hydrophila isolate</th>
<th>Cells + ECPs (CFU ml$^{-1}$)</th>
<th>Mortality (mean ± SD) (%)</th>
<th>Cells – ECPs (CFU ml$^{-1}$)</th>
<th>Mortality (mean ± SD) (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>AL09-71</td>
<td>$1.7 \times 10^8$</td>
<td>20 ± 10</td>
<td>$1.1 \times 10^8$</td>
<td>77 ± 6</td>
</tr>
<tr>
<td>AL09-72</td>
<td>$1.8 \times 10^8$</td>
<td>0 ± 0</td>
<td>$1.5 \times 10^8$</td>
<td>0 ± 0</td>
</tr>
<tr>
<td>AL09-72</td>
<td>$2.7 \times 10^8$</td>
<td>0 ± 0</td>
<td>$2.3 \times 10^8$</td>
<td>0 ± 0</td>
</tr>
<tr>
<td>AL09-72</td>
<td>$3.6 \times 10^8$</td>
<td>0 ± 0</td>
<td>$3.0 \times 10^8$</td>
<td>0 ± 0</td>
</tr>
<tr>
<td>AL09-72</td>
<td>$5.4 \times 10^8$</td>
<td>13 ± 6</td>
<td>$4.5 \times 10^8$</td>
<td>100 ± 0</td>
</tr>
<tr>
<td>AL09-73</td>
<td>$1.7 \times 10^8$</td>
<td>23 ± 6</td>
<td>$1.6 \times 10^8$</td>
<td>100 ± 0</td>
</tr>
<tr>
<td>AL09-C1B</td>
<td>$1.9 \times 10^8$</td>
<td>0 ± 0</td>
<td>$1.8 \times 10^8$</td>
<td>0 ± 0</td>
</tr>
<tr>
<td>AL09-C1B</td>
<td>$3.8 \times 10^8$</td>
<td>0 ± 0</td>
<td>$3.6 \times 10^8$</td>
<td>0 ± 0</td>
</tr>
<tr>
<td>AL09-C1B</td>
<td>$5.7 \times 10^8$</td>
<td>13 ± 6</td>
<td>$5.4 \times 10^8$</td>
<td>100 ± 0</td>
</tr>
<tr>
<td>AL09-C1B</td>
<td>$6.7 \times 10^8$</td>
<td>100 ± 0</td>
<td>$6.3 \times 10^8$</td>
<td>100 ± 0</td>
</tr>
</tbody>
</table>
that of AL09-71 in the absence of ECPs. Similarly, the presence of ECPs failed to significantly increase the virulence of AL09-73 and AL98-C1B. Based on both LD₅₀ and LD₉₅ values (Table 2), the virulence order of the 4 isolates in the presence of ECPs was: AL09-73 ≥ AL09-71 > AL09-72 ≥ AL98-C1B.

Toxicity of ECPs to catfish fingerlings

Results of studies on the toxicity of ECPs are shown in Table 3. In the bath immersion experiments, the filter-sterilized ECPs from all 4 isolates of Aeromonas hydrophila failed to kill any catfish fingerlings—when used at either low or high concentrations—if the ECPs had not been incubated for 3 h at room temperature before use. However, after 3 h incubation, ECPs of AL09-72, AL09-73 and AL98-C1B at high concentration (720 mg ml⁻¹) killed 10 ± 0, 13 ± 6 and 10 ± 10% of catfish, respectively (Table 3). When filter-sterilized ECPs were injected into catfish, the ECPs from all isolates at a non-concentrated dose (0.24 mg) or at a concentrated dose (1.2 mg) failed to kill any fish (Table 3).

Time-course studies for the AL09-73 isolate of Aeromonas hydrophila

The results of time-course studies for AL09-73, in the absence of ECPs, are shown in Fig. 1. All kidney samples from the dead fish were culture-positive for A. hydrophila. As shown in Fig. 1, no fish died at 15, 30 and 45 min post-immersion exposure to AL09-73. At 60 min after exposure, 10% of the fish died in 2 experiments, and no fish died in the third experiment. At 75 min post exposure, 87 ± 6% of the fish died. At 90 min post exposure, 100% of the fish died in 2 experiments, and no fish died in the third experiment. At 105

![Graph](image)

**Fig. 1.** Cumulative mortality at different time points after channel catfish were exposed to Aeromonas hydrophila AL09-73 by bath immersion. Mortality data are presented as mean mortality ± SD from 3 experiments.
and 120 min post exposure, all the fish died in all 3 experiments.

Concentrations of *Aeromonas hydrophila* in different tissues of channel catfish at 2 h post immersion

The concentrations of *Aeromonas hydrophila* in different tissues of channel catfish at 2 h post immersion are shown in Fig. 2. The highest concentrations of AL09-71, AL09-72 and AL09-73 were found in the gill, followed by kidney, liver, spleen, skin, intestine and brain. At 2 h post exposure to AL98-C1B, the highest bacterial concentration was in the gill, followed by skin, liver, kidney, spleen, intestine and brain (Fig. 2). Among the 4 isolates, the concentrations of bacteria in the same tissue (skin, intestine, liver, spleen, gill) were not significantly different (p > 0.05) (Fig. 2). However, the concentration of the three 2009 isolates at 2 h post exposure was significantly higher (p < 0.05) than that of AL98-C1B in the kidney (Fig. 2).

DISCUSSION

In the bath immersion experiments, the presence of ECPs from overnight bacterial culture significantly reduced the virulence of all 4 isolates of *Aeromonas hydrophila*. However, when ECPs from overnight culture were replaced with fresh culture media (trypsin soy broth), the virulence of all 4 isolates was signifi-

![Graph](image)

Fig. 2. Concentrations of the three 2009 isolates of *Aeromonas hydrophila*, compared to isolate AL98-C1B, in different tissues of channel catfish at 2 h after bath immersion. Results are presented as mean concentration ± SD from 3 replicates. Significant differences (p < 0.05) are marked by an asterisk (*)

...cantly increased, indicating that (1) bacterial cells, not their ECPs produced *in vitro*, are highly toxic to channel catfish, and (2) the 4 isolates of *A. hydrophila* can be highly lethal to channel catfish by bath immersion. Crude extracellular products of *A. hydrophila* can be lethal to channel catfish. Whether or not crude ECPs of the three 2009 Alabama isolates grown at a higher temperature would be lethal to channel catfish merits further study.

When catfish fingerlings were exposed to fresh filter-sterilized ECPs by bath immersion, no fish died. However, after the ECPs had been incubated at room temperature for 3 h, up to 20% of the fish died, suggesting that incubation at room temperature for 3 h somehow slightly increased the toxicity of ECPs. This slight increase could be due to activation of some toxins by the 3 h incubation. It has been reported that extracellular *Aeromonas* protease can convert the protoxin of aerolysin to a hole-forming toxin which could be 250 times more hemolytic than the protoxin (Howard & Buckley 1985). How the 3 h incubation at room temperature increased the toxicity of ECPs is currently unknown.

The time-course study revealed that AL09-73 was able to kill 100% of the fish within 2 h of exposure in the bath immersion experiments. The virulence study...
involving intraperitoneal injection revealed that the LD value of AL09-73 was only $2 \times 10^2 (1.1 \times 10^2$ to $3.1 \times 10^2$) CFU per fish. LD values of Aeromonas hydrophila isolated from diseased wild and cultured Nile tilapia have been reported to range between $10^3$ and $10^7$ CFU per fish (Faisal et al. 1989). Taken together, these results suggest that AL09-73 is an extremely virulent strain of A. hydrophila.

At 2 h post exposure in the bath immersion experiments, the 4 isolates of Aeromonas hydrophila were distributed in all 7 tissues studied, suggesting that the infection by A. hydrophila was systemic. Studies on the pathogenesis of another strain of A. hydrophila (KJ99) have confirmed that this bacterium can be disseminated systemically in fish (Rey et al. 2009). Using green fluorescent protein as a biomarker in A. hydrophila, this bacterium has also been detected in blood, gill, kidney, liver and intestine of Crucian carp Carassius auratus gibelio at 2 h post bath immersion; the gills of Crucian carp were found to have the highest number of cells of A. hydrophila (Chu & Lu 2008). We also found that gill tissue had the highest concentration of bacteria at 2 h post bath immersion, suggesting that gill tissue might be the main route of entry for A. hydrophila during water-borne exposure. Fish gills are structured to have only a thin layer of fragile cells separating the fish vascular system (rich in blood capillaries for respiratory functions) from the external environment, making them good portals of entry for fish pathogens. Gill has been suggested as the site of entry for other fish pathogens, such as Yersinia ruckeri (Tobback et al. 2009), Edwardsiella tarda (Ling et al. 2001) and Renibacterium salmoninarum (Campos-Perez et al. 2000), further suggesting that gill tissue might play important roles in the pathogenesis of A. hydrophila. However, the high concentrations of bacteria in gill tissue might also be due to the immersion method that resulted in high levels of bacteria remaining on the outside of gills, possibly because they are resistant to washing.

In summary, the absence of ECPs significantly increased ($p < 0.05$) the virulence of the 4 isolates of Aeromonas hydrophila in the bath immersion experiments. However, the ECPs only slightly increased the virulence when bacterial cells were injected into fish intraperitoneally. When catfish fingerlings were exposed to filter-sterilized ECPs, no toxicity, or low toxicity, was observed. Time-course studies revealed that the most virulent strain, AL09-73, was able to kill 100% of the fish within 2 h of exposure in the bath immersion experiments. Bacterial distribution experiments revealed that the 4 strains of A. hydrophila were disseminated in all 7 tissues studied within 2 h of exposure in the bath immersion experiments. Among the 7 tissues studied, gill tissue consistently had the highest concentration of bacteria.

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